



WEEKLY ACTIVITIES

SUNDAY

Morning Worship contact Rev Agnes Sam agnessk@methodist.org.uk **11:15am -12:15pm**
Tea and Coffee from 10:30am

MONDAY

Brightstars Toddler Group contact Colin or Sandra 01702 206146 9:00 – 11:30am
email hmethsbrightstars@gmail.com
1st Hockley Rainbows contact Sally Elkington 4:15 – 5:30pm
email sally_elkington@yahoo.co.uk
Triple H Community Choir contact Ashley 07581390448 7:30 - 9:30pm
email thetriplehcommunitychoir@hotmail.co.uk

TUESDAY

Yoga4All contact Keely Beech 07984801726 10:00 –noon
email contact@yoga4all.co
Messy Church (3rd Tuesday each Month) contact Anne Sains 07739184627 **4:00 – 5:30pm**
email hmethsmessy@gmail.com

WEDNESDAY

Pilates contact Rachel 07990 513413 rsfitness@hotmail.co.uk 9:30 – 10:30am
2nd Hockley Brownie Pack Kat Lilly 07813019213 5.30 - 7.00 pm
Gospel Rocks Choir **IN CHURCH** 8:00 – 10:00pm
contact Hannah Conacher 07801 800065 email gospelrocksc@gmail.com

THURSDAY

50+ Keep Fit contact Julie 07912622483 10:00 – 10:45am
Chair Yoga email juliesfitnessclasses@gmail.com 11:05 – 11:50am
1st Hockley Beaver Colony contact Lianne Hoy 07790458138 5.15 - 6.15 pm
email lianne@hoyhome.co.uk
Thursday Social Club Usually in members' homes 2:30pm
contact Ray on 07825 548842 *alternate weeks*

FRIDAY

Pilates contact Tracy Bateman 07961 954966 9:30 – 10:30am
email tracybateman1107@aol.com

SATURDAY

Fitness Class contact Claire Duggan 07894055138 07:00 – 09:00am
email claireduggan@gmail.com
Chameleon Productions contact Stephen Hulse 07368461766 10:00am – 1:00pm
email steve.hulse@chameleonproductions.co.uk

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